



15 Oct 2016

Saturday Express, Blenheim Marlborough

Section: General News • Article type : News Item • Classification : Provincial

Audience : 18,064 • Page: 2 • Printed Size: 86.00cm² • Market: NZ

Country: New Zealand • ASR: NZD 148 • Words: 168 • Item ID: 672167394

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YOUR PAPER, YOUR PLACE

SVEN SAYS



I love riding my bike.

It's one of those pure, simple pleasures of life that transcends all barriers of age, race and socio-economic status.

When we are little kids we can't wait to get our first bike - our first source of independence.

For some, like myself, the love affair with the bike comes and goes, but the option is always there to jump on one and glide along in the sunshine.

Of course there comes a time when the body is not longer up to the job.

It's therefore awesome to see a new project in Marlborough to help our older residents recapture the joy of a bike ride.

On page 3 you can read about the Cycling Without Age project, which sees volunteers pilot a three-wheeled bicycle with two people seated in front of them.

It gives the passengers, who can no longer ride a bike, the chance to experience that sensation again.

What a great idea.

- **Sven Herselman, news director**